



The American Professional Society on the Abuse of Children®

## Workshop Series 2022: An Overview of The Child and Family Traumatic Stress Intervention (CFTSI): A Brief, Evidence-Based Early Intervention for Traumatized Children and Families with Carrie Epstein

**This is the sixth workshop in a six-part educational workshop series hosted by American Professional Society on the Abuse of Children (APSAC) and the New York Foundling's Vincent J. Fontana Center for Child Protection. Presented by the Developers and Experts of Evidence-Based Trauma Treatment Models for Children**

**Title:** An Overview of The Child and Family Traumatic Stress Intervention (CFTSI): A Brief, Evidence-Based Early Intervention for Traumatized Children and Families with Carrie Epstein

**Date and Time:** November 10, 2022 from 2 pm to 3 pm ET

**Workshop Description:** This workshop will provide an overview of The Child and Family Traumatic Stress Intervention (CFTSI), which is currently the only evidence-based, brief, early trauma-focused mental health treatment developed specifically for implementation in the acute/early phase of trauma response. Keeping in mind the clinical phenomena of trauma in the early phase of trauma response, as well as an awareness of what families need after a recent traumatic event, the goal is to focus on the recent traumatic event (or the recent disclosure of physical or sexual abuse in a forensic setting) as a “window of opportunity” to intervene and provide early intervention, regardless of whether the child has past traumas in their history. CFTSI is a 5 to 8 session model that has demonstrated effectiveness in reducing children’s trauma symptoms in the aftermath of traumatic experiences and reducing or interrupting PTSD and related disorders in children.

**Speaker Biography:** Carrie Epstein, LCSW-R is Co-Director of the Yale Center for Traumatic Stress and Recovery and Assistant Professor at the Yale Child Study Center at the Yale University School of Medicine. For the past 30 years, Ms. Epstein has been providing treatment, supervision and consultation on providing mental health treatment and on developing new programs for children and families impacted by trauma and traumatic grief. One of the original Principal Investigators of the National Child Traumatic Stress Network (NCTSN), Ms. Epstein has responded to multiple school shootings and other mass casualty disasters across the country. Ms. Epstein is co-developer of the Child and Family Traumatic Stress Intervention (CFTSI), which is currently the only evidence-based early, trauma-focused intervention for children and families that is designed specifically to be implemented in the acute phase of trauma response that reduces and interrupts the development of PTSD and related disorders. She is also a Master Trainer of the Trauma-Focused Cognitive Behavioral Therapy model.

### **Pricing & Registration:**

**General Admission:** \$25.00

**APSAC Members and The New York Foundling Staff General Admission:** Free

**1 CE Credit (Social Work & Psychology):** \$25.00

**1 CE Credit (Social Work & Psychology) for APSAC members and New York Foundling Staff:** \$15.00

\*If you are in New York and would like social work, mental health or psychology CE credits please email [FontanaCenter@nyfoundling.org](mailto:FontanaCenter@nyfoundling.org)

**APSAC Members:** You will receive your discount automatically when registering.

**The New York Foundling Staff:** Please email [FontanaCenter@nyfoundling.org](mailto:FontanaCenter@nyfoundling.org) to request your entry code.

**Please use the link to register:**

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