



# NJCA Presents an MDT Training Event on

# LGBTQIA+ YOUTH

**9 - 10 AM**

All Signs Point to Maybe

Presented by Maybe Burke, The Transgender Training Institute

How do you know you're transgender? With all the different words people can use for their gender, how do you find the one that works for you? What happens after you come out? Join Maybe Burke as they tell the story of growing to reject binary gender roles, choose their own name, and stay true to themselves. Through personal anecdotes and Q & A, Maybe works to break down their personal journey of coming into nonbinary trans identity as a way to foster an understanding of transgender people and inspire listeners to be true to themselves.

**10:15 - 11:45 AM**

LGBTQ+ 101: Understanding Sexuality and Gender Identity

Presented by Alisha DeLorenzo, Garden State Equality

This workshop helps participants understand the basics of sexuality delineating the terms "lesbian", "gay", "bisexual", "transgender", "non-binary", "heterosexual", "cisgender" among others, as well as how these categories are "defined". The workshop begins by explaining the basic stages of sexual development regarding the general physical, cognitive and emotional milestones people undergo as they mature. It also details the four different components that make up sexuality: chromosomal sex, gender identity, gender expression and sexual orientation.

**11:45 - 12:45 PM**

Lunch Break

**1:00 - 2:30 PM**

Providing LGBTQ+ Affirmative Services: Beyond Rainbows and Unicorns

Presented by Phillip T. McCabe, CSW, CAS, CDVC, DRCC

Providers need to understand the complexity of sexual orientation and gender identity and expression in working with Sexual and Gender Minorities. The Impact of social and cultural variables, mental health, trauma and substance abuse, in addition to specific risk behaviors will be reviewed. Additionally, a review of suggested policies for inclusive affirmative procedures for clients and staff will be discussed.

**2:45 - 4:15 PM**

Concurrent Workshops

A) Considerations for Serving LGBTQIA+ Victims in the Forensic Interview

Presented by Rachel Johnson, Zero Abuse Project

We will discuss affirmative practices for professionals supporting and serving LGBTQIA+ children and families through the investigative and forensic interviewing process.

B) Recognizing, Treating, and Preventing Trauma in LGBTQ+ Youth

Presented by Megan Mooney, Ph.D.

LGBTQ+ youth are disproportionately impacted by a wide variety of potentially traumatic experiences including abuse and neglect. This workshop will present a brief overview of information on trauma and common responses to trauma. A review of the data related to traumatic experiences that are commonly experienced by LGBTQ+ youth in different settings will be provided. This will be followed by recommendations for ways to increase welcoming and affirming practices for LGBTQ+ youth and their families.

C) Hormonal Affirmation Treatment In Transgender and Gender Non-Conforming Youth

Presented by Dr. Ian Marshall, Rutgers- Robert Wood Johnson Medical School

This workshop focuses on transgender youth. It will present the correct use of terminology and understanding of gender dysphoria. It will also provide you with how to utilize different hormonal treatment modalities and when and why to implement them.

[Register Here](#)

CE credits provided by Rutgers University Behavioral Health Care  
Participants will receive a Certificate of Attendance for entire program

FREE TRAINING

When:

May 6, 2021

Time:

9AM - 4:15PM  
EDT

Where:

Virtual

Target Audience:

All MDT disciplines,  
partner agencies  
and students  
welcome to attend

@NJCAINC

